

FRA has taken extraordinary steps to ensure that your training sessions with us are safe and enjoyable. The following is a summary of these steps relating to our:

## 1. CPR/First Aid classes:

- Our class size has been reduced to 10 participants, so 'social distancing' can be maintained
- All tables, chairs, door handles etc. will be sanitised, prior to your arrival
- Each participant has their own desk and resuscitation manikins (both adult and infant)
- Each of the manikins have been sanitised prior to use, including the face skins
- Additional face shields will be provided during our workshops to provide another level of hygiene
- There are ample gloves, alcohol wipes and sanitising gel for your convenience
- All First Aid supplies such as bandages, dressings etc. are new and are not re-used
- Full body manikins with moulage are provided for our bandaging workshops to eliminate person to person contact to comply with 'social distancing' principles
- We have suspended the use of coffee and tea making facilities, again to maintain our social distancing.
- The above measures ensure that there is no need for students to have contact with each other

## 2. Advanced First Responder (Advanced Resuscitation) classes (AFR):

- Our AFR program, class size is limited to 6 participants
- Each participant will have their own sanitised full body "Advanced Airway" manikin and infant manikin
- Each participant will have their own sanitised fully equipped O2 kit and AED trainer
- All other hygiene and social distancing principles as described above apply.

Whilst in class we ask each participant's co-operation in the following:

- If you are feeling ill on the day of attendance, please defer your training
- Avoid shaking hands with your fellow participants and apply correct cough and sneezing etiquette
- Please wash your hands regularly throughout the day and follow up with hand gel
- When using the toilet facilities, please use fresh paper towels to open door as you exit the washrooms and then dispose of it in the bin provided

## 3. Entry Requirements:

Under the current situation with COVID-19 we ask that anyone that has travelled anywhere overseas must not visit our training centre for at least 14 days of self isolation after return to Australia. In addition to this, we will comply with any future government advice.

Also, anyone who has been in close contact with someone who has been overseas (such as a family member) should not visit our training centre for 14 days. We also advise that those who have someone self isolating in their household that they too should defer attendance to FRA classes

Note: Where our clients' contemplate on-site training, a risk analysis will be conducted to ensure that the Health and Well Being of our staff and participants are assured.

We are confident that these arrangements will make your day safe and enjoyable

*Charles Makray*

Director